

# ANSA NEWS

**Winter Edition 2017/18**



Dear members

Happy New Year to you all and welcome to this first 2018 edition of the ANSA newsletter. I hope that you all had a very enjoyable Xmas and New Year and are ready to face the journey of 2018.

The ANSA committee is geared up to start 2018 by finalising the upcoming annual conference in April which will take place at Austin Court, Birmingham on the 19<sup>th</sup> & 20<sup>th</sup> April. More information to follow very soon.

The executive members have had a very busy 2017. As stated at last year's conference, the ANSA website was going to have a makeover and work to that effect is well under way to incorporate your feedback from last year's conference. You will get more insight into your new website at this year's conference. In the meantime, if you have any innovative ideas, regarding ANSA website, or /and any exciting ventures, please do not hesitate to share them with us by getting in touch with the ANSA secretariat.

ANSA is also working collaboratively with the programme committee of UKKW 2018 and Professor Iain MacDougall to provide an exciting session on renal anaemia at the Conference in Harrogate.

The committee has acquired two new members: Deborah Sumner and Bintu Bangura and you will get to know them a little better through their resume below and at the conference. A big welcome to them.

I would like to take this opportunity as President to say an overwhelming thank you to the Executive members for their hard work, devotion and expert contribution to ANSA's progress. They make my job less challenging and I do appreciate it.

I am sure that they would also join me in thanking the ANSA secretariat/ EBS, especially Gemma and Gail, all our sponsors and finally the members for helping to make ANSA what it is.

On that last note, I wish you all the very best for 2018 and see you all in April.

Best wishes

A handwritten signature in black ink, appearing to read 'Marie Chowrimootoo'. The signature is fluid and cursive.

Marie Chowrimootoo

ANSA President

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## The Anaemia Manifesto

The Anaemia Manifesto still continues on and up to date information can be accessed by going to <https://anaemiamanifesto.com>. The Team behind pushing the manifesto forward are introduced. There are some useful resources shown on this site about Iron Deficiency Anaemia for patients and nurses. There is also a link to the Practice into Policy Document which outlines different anaemia pathways used by some NHS Trusts. There is a statement for Commissioners, MPs and Councillors offering access to patient level data that affects the population of the areas they cover. Also included on the website is recent iron deficiency news either from tweets or in local press.

Iain Wittwer, Anaemia Nurse Specialist, Oxford

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## The British Society for Haematology Guidelines

The British Society for Haematology Guidelines provide up-to-date evidence-based guidance on the diagnosis and treatment of haematological diseases. These guidelines have been written by expert consultants and clinical scientists currently practicing in the UK. You can search for a specific guideline or filter your results by specialty areas. Specialty areas include Haematology-Oncology and Haemostasis & Thrombosis. The website holds a wealth of information and is user friendly and easy to navigate. The website can be accessed by using the following link.

[http://www.b-s-h.org.uk/guidelines/?category=Transfusion&p=1&search=#guideline-filters\\_select\\_status](http://www.b-s-h.org.uk/guidelines/?category=Transfusion&p=1&search=#guideline-filters_select_status)

Anne Davidson, NHSBT

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## Kings College Hospital Anaemia Masterclass

An anaemia masterclass was run on 22nd November 2017 at Kings College Hospital. The masterclass was oversubscribed. Unfortunately there were a few last minute cancellations and no shows. As a result, these places were left unfilled. The aim of the masterclass was to improve and build on existing knowledge and how this can be applied to practice. The content supported an excellent educational initiative that helped raise awareness of iron deficiency and its treatment. The class was a resounding success as shown by the positive feedback. We were also appreciative of the feedback and recognition of its educational value. It is such feedback that encourages us as a service to continue to support medical education.

Secondly I would like to say a huge thankyou to all our distinguished speakers and experts for donating their time and presenting at the master class. From the conversations that I had with delegates during the day they all felt it was pertinent to gain a greater understanding about anaemia and to know that support was available from the anaemia service and the "Kings local experts". I also acknowledge our corporate sponsor. Without this support we wouldn't have been able to run the master class.

We hope those who attended found the day interesting and informative. Certificates of attendance were issued to attendees that can be used for revalidation. We've had a look through the feedback evaluation forms and will ensure we build on suggestions for future masterclasses. This was the first of what we hope will be many master classes and study sessions and as such attendance and feedback will help us to shape it in the future.

Bintu Bangura, Kings College Hospital

## New Executive Members

### Deborah Sumner



I am the Anaemia Nurse Practitioner at the University Hospitals of North Midlands. I began as a Trauma Orthopaedic SN in 2004, SSN in Orthopaedic Pre-operative assessment 2008. In 2012 General Surgery joined Orthopaedics becoming Pre-Anaesthetic Management Services. In 2015, I become the Anaemia Nurse Practitioner, developing a new service treating Pre-operative anaemia, monitoring and manage Haematology patients with chronic anaemia and providing education in patient blood management. I am also a member of the hospital Transfusion Team.

### Bintu Bangura



I am the lead Anaemia Nurse Specialist at Kings College Hospital foundation trust since 2015. I have been in Renal Medicine since 2006. I have worked in dialysis settings and have also worked as a ward manager in the renal wards at Kings College Hospital for over 2 years.

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## Cornwall Transport Article

NHS Kernow Clinical Commissioning Group (KCCG) have proposed changes with regards to non-emergency patient transport in Cornwall and the Isles of Scilly. This change had come about because of the understandable need to save money given the current financial pressures on the NHS. The changes proposed had a direct effect on a number of dialysis patients being ineligible for free hospital transport.

The DoH<sup>1</sup> guidance refers to renal patients being disproportionately reliant on hospital transport because they have a unique requirement relating to frequency of use and because it is unsafe for some patients to drive home given the grueling effects of the treatment. Also missing out on dialysis sessions can endanger lives. As such renal patients cannot be considered in the same way as those attending for an occasional appointment.

In a county such as Cornwall where a significant proportion of people live in rural areas, the accessibility and reliability of public transport means our haemodialysis population are reliant on non-emergency patient transport.

There are continuing discussions with KCCG regarding proposed changes to free patient transport and it is likely that this service will be criteria based in the future. This criteria has yet to be agreed.

Frank Scuito, Specialist Practitioner, Cornwall

DoH1- Guidance on Non-Emergency Patient Transport Services: Post-Consultation Report, Department of Health, September 2007;

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## Useful Articles

Journal of the Royal College of Physicians Clin Med April 1, 2013 vol. 13 no. 2 Page 193-196  
'Anaemia of chronic disease'

A diverse article about the pathogenesis of anaemias of chronic disease. The article includes relevant diagnostic blood sampling information. It also includes a paragraph offering guidance when prescribing ESA's in the presence of malignancy.

American Society of Haematology, The Education Program .Page 76-81 Eva C. Guinan. 2011

'Diagnosis and Management of Aplastic Anaemia'

In a climate where treating anaemia is multifactorial this is a good article to read to provide insight and guidance into recognising and testing for anaemias caused by factors other than chronic disease. An interesting article that includes information about different types of anaemia, their appearance and investigations which inform diagnosis.

The Drugs Safety Update from MHRA January report includes an article about a very rare risk of severe cutaneous adverse reactions associated with recombinant human erythropoietins. The article can be accessed on the following link:

<https://www.gov.uk/government/publications/drug-safety-update-monthly-newsletter>

## Key Dates

### ANSA Conference

This year's conference is taking place on the 19<sup>th</sup> & 20<sup>th</sup> April at Austin Court in Birmingham.

The theme and title of the conference is '**Quality Improvement for Safer Care**'.

This year will see a day and a half format with the conference beginning on the afternoon of the 19<sup>th</sup> April.

Further details will be available soon on the website – [www.anaemianurse.org](http://www.anaemianurse.org), alternatively, please email [info@anaemianurse.org](mailto:info@anaemianurse.org) for further information

### UKKW 2018

ANSA will be delivering a session on Renal Anaemia at UKKW which is taking place on 18<sup>th</sup>-21<sup>st</sup> June in Harrogate.