

ANSA NEWS

Winter Edition 2015

Welcome to the Winter edition of our newsletter. Work is now well under way preparing for our 2016 conference. It will be held at the Arden Hotel in Birmingham on 22nd April 2016. The theme of the conference is 'Whole systems approach to anaemia management', so we are again hoping to attract anaemia nurses from many specialities. The programme is attached to the newsletter so please share it with colleagues who you feel may benefit from attending with you.



During the last conference and in the Spring newsletter we started talking about revalidation. The NMC have now announced this is to be rolled out from April 2016. Every practicing nurse is going to need to show evidence of 35 hours of continuing professional development over 3 years, 20 of these hours will need to be participatory learning. I have already mentioned ANSA is very keen to support its membership with this. Our annual conference is clearly exceptional value for money, but I also urge you to keep an eye on our website as other learning events will be advertised. Our website is also where you can access our e learning modules (details later in the newsletter). These resources are provided for your benefit, so if you can think of alternative ideas whereby we can support this strategy, please let us know.

You will, by now, all be aware that our secretariat, namely Patti, John and Vivien, are retiring at the end of the year. M&M Consultants have supported ANSA since the early days and are an integral part of the ANSA establishment. A hard act to follow....but our working party from the executive committee have now interviewed some potential candidates to assist us taking ANSA forward. At the time of writing the newsletter we are still in a negotiation phase - but as soon as we have an official outcome we will inform you all via our website. During the summer we started the OPTA (Optimal Treatment of renal Anaemia) programme. The OPTA programme is a train the trainer approach to learning, covering 6 modules. We held 3 events across the country, London, Birmingham and Leeds. The feedback we received was excellent. Due to the London event being so oversubscribed, we are planning a further date in 2016.

My last piece of news is that ANSA has been invited by Vifor Pharma to be a part of a working party to assist them in developing an Iron Deficiency Anaemia Manifesto. The working party consists of health care professionals and patients. Their aim is to identify needs, develop a picture of best practice, present to Parliament and promote improved management for this patient group. We are looking forward to this collaborative working with one of our sponsors

Do not forget ANSA is here to support it's membership, so do keep in touch with us. Looking forward to seeing you at the conference.

Have a great Christmas.

Vicki Hipkiss
ANSA President

Website news

A reminder to all that our website at www.anaemianurse.org is not just how you pay your membership but also a valuable resource for information and links.

- **Members.** In the members section you can see the location and contact details for all our members- it is a great tool for networking in your local area.
- **Resources.** The resources section holds a variety of information.
 - o Masterclass slides ranging from diabetes to iron deficiency anaemia.
 - o Guidelines. Guidelines that are relevant to practice.
 - o Protocols in anaemia management that have been developed by various units and they have chosen to share with us.
 - o Links. Links to our sponsors home pages and links to other useful sites.
- **News.** If you wish to view our newsletter on line. Previous copies also available.
- **Events.** Will keep you informed about our up and coming conference. You can also see the slides from previous conferences.
- **Product Information.** To ensure this is always completely up to date, it links to the electronic medicines compendium.
- **E learning.** Access to all our e-learning modules.
- **Notice Board.** If you have a question or wish to open a discussion, you can post here to discuss with like minded professionals.
- **About us.** Informs you about ANSA as an organisation and the executive committee.
- **Contact us.** If you have any question or query this links to our secretariat who can assist or direct you to someone who can.

The website was newly launched in 2013 and designed to be easy to navigate-give it a go! If you have something you would like to share, let our secretariat know and they will add it for you.

E-learning: We are continuing to get excellent feedback from people undertaking our e-learning programme.

You will know from previous newsletters we have, with a large grant from Takeda, developed our own e-learning platform. We have four core modules around Iron

- Iron in the Body
- Iron deficiency anaemia
- Iron overload
- Treatments

We have also have two specialist modules available

- Iron deficiency in Gastroenterology
- Iron Deficiency in Chronic Kidney Disease.

Work on a third specialist module, Iron Deficiency in Chronic Heart Failure is in the final stages of editing and soon for release.

Each module costs £12, with a reduction for multiple purchases. **ANSA members get 2 modules free – so try them out!!**

We still have our original e-learning hosted by Nursing Times.

Module 1, Anaemia of Chronic Disease

Module 2, Management of Anaemia in Chronic Kidney Disease

These can also be accessed via the ANSA website ansa@anaemianurse.org



News

On January 22nd 2016 there will be a joint Renal Patient Blood Management Education Day between ANSA and the London Regional Transfusion Committee. It is being held at the Cavendish Conference Centre, London (a 5 minute walk from Oxford Circus Underground Station). This will be a full education day with CPD points and is only £25.00 and lunch is provided.

Renal Patient Blood Management is about optimising the care of renal patients who may need a blood transfusion. Patient Blood Management is an international best practice initiative that supports safety and improved patient outcomes.

The day is aimed at Nurses, Doctors and Biomedical Scientists interested in the management of patients with kidney disease, anaemia, renal transplantation and those that need blood transfusion. It will be a really stimulating day with topics including ESA Resistant Anaemia, NICE Guidelines on renal anaemia management, Laboratory challenges in providing the right blood, the patient's perspective and interactive case studies.

For registration or further information please contact:

Angela – 0203 123 8494 or email London.RTC@nhsbt.nhs.uk

Details are on the ANSA web site

Please get involved in the conversation on Twitter [@london_rtc](https://twitter.com/london_rtc) #renalPBM

PIVOTAL is the four-year clinical trial facilitated by Kidney Research UK, looking at the optimum strategy for the safe and effective use of intravenous (IV) iron in new-starter haemodialysis patients (<12 months on dialysis). Led by Professor Iain Macdougall (King's College Hospital, London), PIVOTAL is the largest clinical trial ever conducted exclusively in UK renal units, and is investigating two different regimens for administering IV iron – (1) a “proactive” high-dose regimen, and (2) a “reactive” low-dose regimen.

Study Update

As of 11th November, 55 renal units are committed to the trial, 47 of which are now open to recruitment. 1,995 patients have been screened and 1500 patients randomised into the trial – 72% of the target of 2080 patients. Although recruitment is a little behind schedule the study team are confident they can reach the target during Spring 2016 as they are currently recruiting at a rate of 21 patients per week across all sites.

A DNA sub study is also running in parallel to the main PIVOTAL trial, with participating patients asked to provide an additional one-off blood sample for the testing of iron related genes.

Patient Involvement

Patients continue to play a key role in PIVOTAL and members of the Patient Project Team focus on raising awareness of research locally, provide support and understanding for patients and research nurses involved, and gathering feedback to help inform the research, improve practice and care, and potentially help boost patient recruitment.

Publicity

PIVOTAL will have widespread impact and likely influence iron management in dialysis patients around the world and the trial has featured a lot in the public eye recently. An article featured in NIHR national publication 'Insight' (Nov 2015), and a commentary on intravenous iron was recently published in the Journal of the American Society of Nephrology, setting out the importance of PIVOTAL and including a paragraph describing the trial.

“The PIVOTAL trial demonstrates that the UK can potentially conduct large randomised controlled trials in patients with chronic kidney disease and we have also built a network of research nurses to collaborate, share experiences and learn from each other”.

Professor Iain Macdougall

For further information contact Clinical Trial Manager, Claire White on 020 3299 3026 or email clairewhite4@nhs.net

Sad News

The Passing of Pat Sirrett (Steele).

ANSA pays tribute to Pat, a great professional and friend. Pat set up the Renal Anaemia Service at the QE Hospital, Birmingham and contributed enormously to the evolution of ANSA, as an Executive Member. She always had a positive demeanour and was the life and soul of the party. Her big SMILE said it all. Thank you Pat for all the wonderful memories, you touched our heart.

Rest In Peace wonderful lady.

ANSA presents its sincere condolences to Pat's family

Marie Chowrimootoo,
ANSA President Elect.



Vacancy

Dear ANSA members

We have an opportunity for a new member to join the ANSA Executive committee.

We are looking for an enthusiastic dynamic member to join our team, to bring about improvements in renal practices across the UK and beyond.

ANSA is a prominent organisation and recognised as the primary association for anaemia expertise in the UK.

The ANSA Executive committee meet face-to-face twice a year and also hold conference calls.

The calls are generally 60-90 minutes every 3 months. Your travel expenses are covered by the association.

If you are a creative, innovative, forward thinking and vibrant person who wants to be part of the Executive team please send your expression of interest to our secretariat, detailing why you would like to join the team.

Tell us a bit about yourself such as your current role and previous positions and what you feel you could bring to the Executive committee.

Contact the ANSA secretariat on ANSA@mandmconsultants.co.uk

The mailing address if you opt to post your application is: ANSA Secretariat, 26 Oriental Road, Woking, Surrey, GU22 7AW

Vicki Hipkiss
ANSA President

2016 Diary dates

Friday, 22nd January 2016
**Renal Blood Management Programme
Cavendish Conference Centre, London**

Monday 25th January 2016
BRS Abstract Submission deadline

Thursday 10th March 2016
World Kidney Day

**Friday 22nd April 2016
ANSA Conference – Arden Hotel, Birmingham**

Tuesday 7th June – Friday 10th 2016
UK Kidney Week – ICC Birmingham

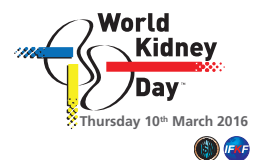
Friday 23rd – Saturday 24th September 2016
**Renal Pharmacy Group Conference
Manchester Conference Centre**

Saturday 17th – Tuesday 20th September 2016
**EDTNA/ERCA International Conference –
Valencia, Spain**

Tuesday 15th – Sunday 20th November 2016
ASN Kidney Week – Chicago, Illinois, USA

SAVE THE DATE: 10th March 2016 is World Kidney Day!

Help us bring together millions of people across the world and unite with one powerful voice for kidney health awareness, by organising an activity or event in your hospital to draw public attention to the importance of kidney health, what can be done to protect kidneys before disease strikes, and to assist patients who already have chronic kidney disease.



Keep in touch through our UK website: www.worldkidneyday.co.uk, Facebook page (www.facebook.com/worldkidneydayuk) or by emailing info@worldkidneyday.co.uk. If you use Twitter, you can follow @kidneydayUK and use #worldkidneyday.

NICE guidelines for Anaemia management in people with Chronic Kidney Disease (CG8)

NICE guideline CG114 has been updated and replaced. New recommendations have been added to the diagnosis and management of the anaemia in Chronic Kidney disease as well as a section focusing on detection and management of ESA-resistant anaemia. Additions include;

- There are suggested changes in the laboratory testing used to diagnose iron deficiency. However it is acknowledged some of the measurements are not available in all centres but transferrin saturation or serum ferritin measurement alone should not be used to assess iron deficiency.
 - The need for resuscitation facilities when offering Intra venous iron is highlighted.
 - It identifies there is little benefit in checking iron status in people who are pre dialysis or receiving peritoneal dialysis, if their full blood count is normal
 - Oral iron therapy should be offered to people who are receiving haemodialysis if Intravenous iron is contraindicated or the person chooses not to have intravenous iron after discussing the efficacy and side effects of oral and intravenous iron therapies.
- There are also a number of additions for patients undergoing a blood transfusion to manage ESA resistance.
- Consider referral to a haematologist, particularly if an underlying haematological disorder is suspected.
 - Evaluation and discussion of the risks and benefits of red cell transfusion with the person, family or carer.
 - An individual's symptoms, quality of life, underlying condition and chance of future successful kidney transplant should be taken into account when considering the need for red cell transfusion.
 - The rate of red cell transfusion should be reviewed and a trial period of stopping ESA considered for people with ESA resistance. A further review should be carried out after the trial period to ascertain whether it would be beneficial to restart ESA.

Take time to update yourself with the changes, the revision can be viewed at: www.nice.org.uk/guidance/ng8

**If you wish to become more involved in ANSA activities, Write to Us:
ANSA Secretariat · 26 Oriental Road · Woking · Surrey · GU22 7AW
Tel: 01483 724 472 · email: ANSA@mandmconsultants.co.uk**

**ANSA Conference Friday,
April 22nd 2016**
The Arden Hotel, Coventry Road,
Bickenhill, Solihull B92 0EH



‘Whole Systems Approach to Anaemia Management’

09.30 - 10.00 Registration, Exhibition and Coffee in the Henley Suite
10.00 - 10.05 Welcome and Overview – Vicki Hipkiss, Renal Nurse Specialist, Bradford Teaching Hospitals NHS Foundation Trust and ANSA President

Chairs:

Vicki Hipkiss, Renal Nurse Specialist, Bradford Teaching Hospitals NHS Foundation Trust and ANSA President
Iain Wittwer, Anaemia Specialist Practitioner, Oxford Kidney Unit, Oxford University Hospitals NHS Trust

10.05 - 10.45 **Debate: NICE guidance for treatment of patients with renal anaemia ‘2015 Guidance - Help or hindrance?’**
For: **Christopher Brown**, Consultant Renal Pharmacist, South West Wales Regional Nephrology, Morriston Hospital, Swansea
Against: **Elizabeth Lindley**, Specialist Clinical scientist, Leeds Teaching Hospitals NHS Trust

10.45 - 11.15 **Managing Anaemia in AKI:**
Dr Russell Roberts, Consultant Nephrologist, Bradford Teaching Hospitals NHS Foundation Trust

11.15 - 11.45 **Managing Anaemia in Cardiology:**
Dr Paul Kalra, Consultant Cardiologist and Heart Failure Lead, Portsmouth Hospitals NHS Trust

11.45 - 12.05 Tea/Coffee Break

12.05 - 12.35 **Iron Update– Professor Sunil Bhandari**, Consultant Nephrologist, Hull Royal Infirmary

12.35 - 12.50 **PIVOTAL Update**

12.50 - 14.00 Lunch and Exhibition

14.00 - 14.30 **ANSA AGM**

Chairs:

Anne Davidson, Patient Blood Management Practitioner, NHS Blood and Transplant
Lesley Bennett, Senior Anaemia Nurse, Oxford Kidney Unit, Oxford University Hospitals NHS Trust

14.30 - 15.00 **Rare Inherited Diseases & Anaemia – Dr Noémi Roy**, Academic Clinical Lecturer, Department of Haematology, University of Oxford

15.00 - 15.10 **Conference Review:** Marie Chowrimootoo, ANSA President

15.15 - 16.45 **Two Workshops:** 40 mins each (Presenters to move between each room)
Tea/Coffee available in each Workshop
Delegates will be able to attend both workshops

Workshop 1 **Challenging decisions for non medical prescribers**
Presenter: **Emily Horwill**, Lead Renal Pharmacist, University Hospitals Coventry & Warwickshire NHS Trust

Workshop 2 **Best Practice in Venous Cannulations**
Presenter: **Andrew Barton**, Advanced Nurse Practitioner, Vascular Access & IV Therapy Frimley Health NHS Foundation Trust

16.45 **Delegates Depart**

Learning Objectives:

- To gain an insight into the effects of anaemia and how it is managed across multiple specialties.
- To gain an understanding of rare causes of anaemia and management.
- To have a better understanding of new developments in anaemia management including NICE guidance 2015