

## Executive Committee

President – Lesley Bennett  
President Elect – Karen Jenkins  
Secretary – Marie Chowrimootoo  
Treasurer – Lynn Fullerton

## Regional Chairs

Pam Airey – Scotland  
Sandra Barnes – East Birmingham/Nottingham/Derby/Leicester/Lichfield/Coventry/Solihull  
Eleanor Maloney – East Anglia/Essex/Herts/N.Thames  
Alison Monk – S.Thames/South of the M4  
Pat Sirrett – West Birmingham/Sandwell/Wolverhampton/Shrewsbury/Worcester/Hereford/  
S.Wales  
Nancy Tannahill - N.Wales/M62 corridor/Lancashire/Yorkshire  
Deborah Spencer – Newsletter Editor/Web page contact

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## ANSA WEBSITE

We have a new web address: [www.anaemianurse.org](http://www.anaemianurse.org)

We also have a new Webmaster called Toby Wheeler

If you have any ideas for the web site or  
anything you would like to see on it,  
Please inform Deborah.

The Newsletter and register of members  
will be posted on the website,  
please let us know if your details are  
incorrect or need updating.



Hi Everyone

Welcome to the 3rd ANSA newsletter. 2002 turned out to be an extremely busy year for most of us and I hope that everyone's stress levels are beginning to normalise now we have entered the New Year.

By now you should all have received your membership cards and the cheques have all been banked into our newly opened bank account. Lynn and the executive committee have been working hard to secure funding for the association next year and as you will see from the treasurer's report this has been a successful venture.

The ANSA committee have been happily engaged in sorting out this year's annual ANSA meeting, which will take place in April 2003. This will, for the first time address clinical, as well as professional issues. We have decided to change the format of the meeting because, as some of you may be aware, Ortho-Biotech will not be sponsoring the Annual Anaemia Co-ordinator Meeting in the same way as it has been held in the past. This has given ANSA the opportunity to step in and provide what we hope will be an extremely stimulating and exciting meeting to which all ANSA members will be invited.

As you can see, the committee has been working hard this past year and my thanks go to everyone for all their help and support.  
Hope to see all of you in April at the Annual Meeting.

With very best wishes

**Lesley Bennett**  
President ANSA.

### Annual conference

April 10th & 11th 2003  
Hayley Conference Centre  
Eastwood Hall, Nottingham

Key Note Speaker:  
Professor Donald Silverberg MD

"Heart Failure, Renal Failure, Anaemia  
& the Cardio-renal Anaemia  
Syndrome"

### OTHER NEWS

To come – ANSA Master-Classes

New Regional Representatives

Web site information

See overleaf



## TREASURERS REPORT 2003

ANSA was established and has continued to flourish due to the generous financial sponsorship of Pharmaceutical companies. Under the active leadership of the ANSA officers and by unanimous consent of the membership at the inaugural meeting in Leeds last April, it was agreed that ANSA should become a more open Association broadening its financial basis. A constitution was ratified defining eligibility for membership and granting the right to levy an annual subscription fee. The initial membership fee was set at £20.

To continue the aims and objectives as set out in the constitution, corporate sponsorship is needed.

As Treasurer, one of my first tasks was to prepare a budget robust enough to enable ANSA to provide leading edge training and professional development for nurses working in anaemia management, but sensible enough to withstand the scrutiny of our colleagues in industry. Together with the President and President-elect, I presented the ANSA 2003 budget to representatives of industry in September 2002. I am pleased to report positive feedback from that meeting, resulting in Corporate funding from Amgen, Ortho-Biotech, Roche, Syner-Med and Vitaline.

**Lynn Fullerton**  
ANSA Treasurer

## EDTNA FEEDBACK

Following a conversation with Nicki Thomas (Past President of EDTNA) at the UK EDTNA Seminar in November 2001 I was invited by EDTNA to organize and present a workshop on the Role of the Nurse in Anaemia Management at the EDTNA conference in the Hague (Sept 2002).

The workshop involved:

- Presentation on the Role of the Nurse in Anaemia Management (Karen Jenkins)
- Interactive Voting Session – questions relating to anaemia management/ protocols/nurses role/Drs role (Lynn Fullerton)
- Abstract presentations (Toni Jarvis, Alison Monk)
- Presentation – Does Early Intervention Improve Outcomes (Karen Jenkins)
- Interactive case studies – Anaemia in Transplantation & Anaemia Management in conservative treatment (Lesley Bennett, Lynn Fullerton)

The workshop generated a large amount of interest from our foreign colleagues especially the Belgian, Dutch and German nurses, some of whom have since joined ANSA. We also have an Australian member and expect a few more as there are now 19 Anaemia Co-ordinators in Australia.

The feedback from the workshop was excellent and it was definitely worth all the time and effort to put it together. Many thanks to Lynn, Lesley, Ali and Toni for their help in organizing and running the workshop.

I hope that ANSA will continue to have the opportunity to provide educational support for nurses at national and international conferences.

**Karen Jenkins**  
President Elect

## WHAT'S NEW?

One of the most important aims of the association is to provide clinical support for its members. To address this aim ANSA is proposing to run a series of Master-Classes. This will look at anaemia management both within and outside the renal sphere.

If you have any suggested topics, please contact your **Regional Chair**. Amgen have already agreed to sponsor these classes and the first one will commence June 2003.

## RESIGNATIONS

On a sadder note, Lisa Silas, Sue Perrin, and Rebecca Barrett have decided to resign as Regional Chairs. All of them have worked extremely hard and have been integral in making ANSA a success. Rebecca worked particularly hard and spent many hours setting up the web site, so our grateful thanks go to her. Sue is busy juggling work with the twins but has been a stalwart in her support and enthusiasm for ANSA and thus we cannot thank her enough. Lisa has a new role at Guys and is now the haemodialysis clinical nurse manager, so good luck in the new role.

### Happy Retirement to a Founder Member of ANSA

**Bernice Thompson**

I have no doubt that most of us, if not all, would remember Bernice Thompson – Anaemia Sister at the Middlesex Hospital and ex-secretary of ANSA. Bernice has been involved in Anaemia management since the early nineties and is much loved and respected both on a personal and professional level by all her anaemia colleagues.

In spite of her ill-health, Bernice was instrumental with four other founder members in establishing and shaping ANSA. Her extraordinary sense of humour, coupled with her nurturing aptitude and calm composure helped maintain the drive, motivation and discipline at the Executive table. As I fondly remember, she pulled me in line on a few occasions. We will remember the good times we had at the social functions on National and International conferences, especially the exotic wriggle on the dance floor...(oops slip of the tongue B).

We will miss you Bernice, especially that motherly hug. Selfishly we don't want you to go. ANSA is grateful for all the time, effort and support you have given us. We wish you all the very best in the future. Enjoy being a lady of leisure – do it with great pride for all your achievements and with all the joy in the world, you thoroughly deserve it. Take very good care of yourself.

Au revoir et que Dieu te benisse.

**Marie Chowrimootoo**  
Secretary ANSA

In a response to these resignations we asked members in these regions if they wished to apply for the position of regional chair. We had a positive response, as you will see opposite.

### Sandra Barnes

Sandra has worked at Birmingham Heartlands and Solihull NHS Trust for 18 years. Her first encounter with renal failure and haemodialysis was in 1967 as a carer. She completed the renal course in 1991 and has been involved in anaemia management since 1998. Since 2000 she has been Anaemia Nurse Specialist and Research Manager.

**Contact Details:**

**Tel: 0121 424 3160**

**Email: Sandra.Barnes@heartsol.wmids.nhs.uk**

### Eleanor Maloney

Eleanor is the Senior Anaemia Co-ordinator at the Royal London Hospital in Whitechapel and has been in post for 3 years.

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**Fax: 020 7377 7114**

**Pager: 08700555500 no.804164**

**Email:**

**eleanor.maloney@bartsandthelondon.nhs.uk**

### Alison Monk

Alison is currently based at King's College Hospital as the Renal Anaemia Sister. She is involved in a number of research studies and also has direct access to the anti-EPO antibody assay. Please get in touch with her if you have problems accessing this service elsewhere. She will be organizing regional meetings and is on the lookout for help in organizing these.

**Contact Details:**

**Tel: 0207 346 6252**

**Pager: 07699 115300 (callsign KH 6252)**

**Email: alison.monk@kingsch.nhs.uk**

### Pat Sirrett

Pat has worked in renal medicine at the Queen Elizabeth Hospital in Birmingham for the last 12 years. She has been Renal Anaemia Sister for the last 5 years. She has managed to add to her RGN qualification a BSc and a Masters Degree in Advanced Nursing Practice and is just about to complete the Extended Nurse Prescribing Course. All that and she didn't start nursing until she was 37!!

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**Mobile: 07798668902**

**Email:Patricia.Sirrett@UHB.nhs.uk**

### Nancy Tannahill

Nancy is Anaemia Co-ordinator at the Royal Liverpool and Broadgreen University Hospitals. Her background is in renal nursing for more years than she cares to remember, and she has been Anaemia Co-ordinator for 5 years.

**Contact Details: Tel: 0151 706 3607**

**Email:Nancy.Tannahill@rlbuh-tr.nwest.nhs.uk**

### Deborah Spencer

Deborah is Anaemia Co-ordinator at Addenbrooke's NHS Trust in Cambridge. She has worked in dialysis for the last 6 years and has been involved in anaemia management for the last 3 years.

Deborah will edit the Newsletter and act as a link for the website. If you want to contribute or would like to see anything change, please contact her.

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**To find out who  
is YOUR  
regional chair!**

**Please see  
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**ANSA**  
Anaemia Nurse Specialist  
Association