

ANSA NEWS

Spring Edition 2013

Dear All,

Welcome to the Spring edition of your ANSA newsletter. You will have noticed the flyer for this year's Conference on the back of the Winter newsletter. The content this year included a session on finance and commissioning, an aspect that is becoming more prevalent within our roles as nurses. With the advent of guidelines such as NICE in 2006 and KDIGO in 2012; we have all seen a rise in the number of patients we are treating with IV iron alone. With a change in UK national IDA tariffs coming soon, funding of IV iron services may become more complex in the future. ANSA were pleased to welcome Professor Donal O'Donoghue at the conference this year. As the first renal tsar, the committee felt that Donal was best placed to talk about the challenges of NHS funding for IV iron services in the future. The conference was held at the Arden Hotel in Birmingham on Friday April 19th on one day as we appreciate taking study leave is difficult. Travel bursaries were also offered this year because we recognise that staff often have to raise sponsorship or self fund their travel costs.



Sharon Benton

Following the success of our Iron Master class held in Birmingham last November the committee plan to expand our e-learning modules to include treating IDA in differing specialities. Work is already underway building the first module and ANSA hope to release this later in the year.

Thank you for your ongoing support for ANSA and this includes our corporate sponsors whom, without their generous sponsorship, the association would not be able to exist. ANSA is an association for nurses run by nurses. If you have any experiences or practices that you would like to share with your peers, or you are seeking advice or support regarding your working practice, please don't hesitate to contact our secretariat at ANSA@mandmconsultants.co.uk. We are always keen to share networking opportunities and best practices through our newsletters and website.

Finally and by no means least, we have just launched our redesigned website and more details are available in this Newsletter.

All the best

Sharon Benton
ANSA President

E Learning Update

ANSA is pleased to announce the first of our two anaemia modules has now been fully updated and relaunched by Nursing Times. Module One, Anaemia of Chronic Disease gives the learner an insight into what anaemia is, the prevalence, guidance on how to diagnose, and how to distinguish between possible causes of anaemia, and then treatment choices. The e learning is presented in a case study format.

Module Two, Management of Anaemia in Chronic Kidney Disease, is now at its final editing stage, and we will announce via our new website and email when it is due to be relaunched. Module Two gives an overview of the above, but then focuses down onto managing anaemia of chronic kidney disease as recommended by the most recent guidance published by NICE in 2011. The modules can be accessed via ANSA's website www.anaemianurse.org, or Nursing Times website www.nursingtimes.net.

ANSA's vision is to provide leading edge training and professional development. ANSA is committed to providing a comprehensive education package to assist our members in practice and we are planning to provide further modules.

Work has commenced on our 3rd module which will concentrate on iron deficiency anaemia.

If you have an idea about a topic you would find useful to support or develop your practice, drop us a line or post a suggestion on our new noticeboard.

Vicki Hipkiss

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The 12th ANSA Conference “**The Dilemma of Treating Anaemia**” was held on Friday April 19th, 2013 at The Arden Hotel, Solihull.

The Conference was very well received by the delegates who gave positive feedback. The reason for the Conference being such a success was down to the eminent speakers and the range of presentations. The meeting emphasised the challenges we all face in putting the patient at the centre of everything we do. Professor Iain Macdougall, Professor of Clinical Nephrology, King’s College Hospital NHS Foundation Trust started the proceedings with an informative presentation aimed at comparing and contrasting NICE and KDIGO guidance. Iain was a joint lead in the development of the chapter for KDIGO on blood transfusions and he has written on the importance of transfusion avoidance to be published this year in NDT.

Professor Sunil Bhandari, Consultant Nephrologist/Honorary Clinical Professor at Hull & East Yorkshire Hospitals NHS Trust followed, looking at the practicalities of implementing guidelines and of deciding which guidance to follow, particularly in the context of a financially challenging climate.

The cost of anaemia management and how it will be funded in the restructured NHS was explained by Professor Donal O’Donoghue, Consultant Kidney Doctor, Salford Royal NHS Trust, who is passionate about



Dr Donal O’Donoghue addressing the Conference

putting the patient at the centre of all we do. He also emphasised the importance of measuring the ‘right’ things and that we need to be more mindful of measuring functionality and not just the numbers associated with haemoglobin or iron or eGFR.

Jonathan Watson, freelance journalist and a kidney transplant patient from St George’s Hospital London concluded the morning session, by giving his perspective on what anaemia management means to him and what his expectations are from a service

user’s point of view. He explained how he felt, what were good aspects and memories and those not so good. It helps all of us to remember how important it is to communicate and what we class as essential may not seem so important to the patient.

Richard Griffiths, Lecturer in Medicines and the Law at Swansea University gave the first talk after lunch and presented ‘No decision about me without me’. He stressed the necessity of patient involvement at all levels of decision making and shared examples whereby, from a legal aspect, situations haven’t gone well. The importance of good record keeping cannot be over stated.

The day ended with the audience branching off into three workshop groups. Each workshop highlighted actual patient scenarios with the group asked how to treat the patients. Each scenario included a complex situation whereby the solution was not straight forward.



One of the Workshop groups concentrating on a presentation

The committee will be meeting soon to review the conference feedback and determine the programme for the 2014 conference. If there is a subject you would like us to cover please use our new website to register your interest. As soon as a date and location is known for the ANSA 2014 Conference, we will let you know.

Sue Perrin

ANSA at the British Renal Society Conference

'Care closer to home'

Date: - Thursday 16th May 2013

Time – 13.30 – 15.00

ANSA are sponsoring a session at the British Renal Society Conference again this year. The BRS conference is in Manchester and promises to be as educational as ever. Our session is focusing on moving care closer to home.

The key themes of the session include:

- Commissioning anaemia services
- Care closer to home
- Service improvement

There are also 4 abstracts during the session that focus on moving care closer to home;

Specialist young adult support improves clinic attendance rates and decreases levels of hospital admissions
Matthew Tomlin, Young Adult Worker, Nottingham University Hospitals NHS Trust.

Towards home haemodialysis for all? The changes in characteristics of an expanding home haemodialysis programme.

Colette Doyle, Home Haemodialysis Nurse Specialist, Queen Elizabeth Hospital, Birmingham.

Community Dialysis Support – An audit of one year activity in a large home dialysis programme.

John Woods, Community Dialysis Nurse, Manchester Royal Infirmary.

Implementation of a supportive care register improves the end of life care for patients with Advanced Chronic Kidney disease.

James Burton, Locum Consultant Nephrologist, Leicester General Hospital.

The redesigned ANSA website has now been launched.

You should have had already received an email with your username and password for the newly redesigned ANSA website. You will be able to change your password to a memorable one when you first log in. The committee was fortunate to gain funding to update and modernise our website. We wanted to build a website that could be used as a valuable resource for our members. You will be asked to complete a short survey on your first log in. The survey asks questions such as geographical area, modality and staffing numbers. This data will be retained by ANSA and may be used for example to assist work force planning and benchmarking. This information is not accessible to the public.



A great deal of work has gone on behind the scenes to build a website that is user friendly, interactive and resourceful. Our members section is shown on a map of the UK; when the mouse is moved over the different counties the members in those areas will be displayed. Those members outside of the UK and overseas are shown separate to the map. We have included a noticeboard tab where our members can post questions requiring answers and expert knowledge. There is also a section on guidelines, policies and protocols so that we can exchange working practices. Keeping these sections up to date will take commitment and time from the committee and we are looking for volunteers to assist with this and work alongside the committee. If you would like to volunteer with this task please contact our secretariat on: ansa@mandmconsultants.co.uk or contact them on **01483 724472**.

The committee are also writing a pro-forma to expand our e-learning modules into anaemia and iron management and we hope to host this on the new website. The committee are looking into accreditation for these modules.

There is far more to the new website than can be included in this newsletter so please take the time to look up the website and navigate through the tabs.

www.anaemianurse.org

The ANSA Exec was sad to lose one of our longstanding committee members recently. Sue Pickard, Anaemia Nurse in Basildon, Essex recently stepped down from her position on the committee. Sue joined the ANSA committee in 2007 and has been our Newsletter Editor for several years. Sue was also an Editor for our 'Haematology & the Patient with Chronic Kidney Disease' handbook published in 2009.

Sue's contributions to ANSA over the years have been immeasurable and she will be sorely missed. We wish Sue luck and happiness in her new venture and thank her for all her hard work over the years.

Sharon Benton
ANSA President

New ANSA Member of the ANSA Executive Committee

Cheryl Wood works in the renal unit for King's College Hospital NHS Foundation Trust as an Anaemia nurse specialist.

Working now with mainly pre-dialysis patients, she has worked in the King's renal department for 12 years starting as a healthcare assistant.

Cheryl joined ANSA as an executive member in 2013.



Cheryl Wood

2013 Diary Dates

Tuesday 14th - Thursday 16th May
BRS Conference, Manchester Central

Friday 31st May - Tuesday 4th June
ISN World Congress of Nephrology
Hong Kong

Saturday 31st August - Tuesday 3rd September
EDTNA/ERCA International Conference
Malmo, Sweden

Friday 27th - Saturday 28th September
Renal Pharmacy Group Conference
Arden Hotel, Birmingham

Tuesday 5th - Sunday 10th November
ASN Kidney Week - Atlanta, Georgia, USA

Useful Reading

Journal of Renal Nursing

**If you wish to become more involved in ANSA activities,
Write to Us**

**ANSA Secretariat · 26 Oriental Road · Woking · Surrey · GU22 7AW
Tel: 01483 724 472 · Fax: 01483 727 816
email: ANSA@mandmconsultants.co.uk**