

7th ANSA ANNUAL CONFERENCE Queens Hotel, Leeds, 24th-25th April 2008

Delegates rated this year's annual conference very highly. We were treated to some outstanding presentations around the theme of "Anaemia management - a world class service."

Thursday afternoon began with the AGM demonstrating that ANSA have had yet another active year. The conference started with two workshops. Syner-Med recruited Eric Will and Elizabeth Lindley to speak with Karen Jenkins and Ali Roche about Anaemia in CKD: New Treatments and New Ways of Working. Roche Products Ltd hosted a debate on whether making more efficiencies for productivity will compromise patient care?

Friday morning had a wealth of speakers including Simon Watson, with a discussion on quality improvement in a changing health economy, Jackie Buck on how to effect patient education and, keynote speaker, Donal O'Donoghue telling us how to deliver a world-class service. This stimulated an interesting panel discussion.

Friday afternoon then enabled delegates to see how a world-class service can be implemented thanks to Judith Haines and Sharon Benton before breaking into 2 workshops on Optimising Anaemia in HD Patients and Managing sub-optimal responses.

More details on the above presentations can be found on the ANSA website. Yet again the conference was a big success, judging from the evaluations.

Plans are underway for next year to be even better! Book your study leave now for 2nd and 3rd April, 2009.

AGM Leeds Thursday, 24th April, 2008

Cathy Johnson welcomed the delegates to the Conference and the AGM, and introduced the ANSA Executive Committee. She reminded the delegates that ANSA is their Association and the AGM is their opportunity to ask questions and to suggest any ideas or improvements. CJ then reviewed the ANSA year covering the following key points:

e-Learning project

The project is a 3 module learning programme using evidence-based case studies, and it is continuing to expand with the 2 other modules awaiting development and release.

Module 1 is available at: www.uknursing.net/www.doctors.net.uk or the link on the ANSA website.

1200 participants had undertaken the first module (although not all had completed it), and it had crossed professional boundaries as both doctors and nurses had been participating, including a large number from primary care.

EDTNA Collaboration

Lesley Bennett welcomed the overseas delegates from Denmark and Ireland, and confirmed that ANSA continued to have an excellent relationship with EDTNA and had been able to take 40 of its members to the EDTNA 2007 Conference in Florence. There was a good opportunity to feed into EDTNA, and other collaborative initiatives would follow.

BRS Affiliation

ANSA is an active affiliate of the BRS and had a seat on the BRS Council.

World Kidney Day

ANSA was represented by Ali Roche at the WKD House of Commons Reception on 13th March. ANSA had sponsored the lanyards for the event.

RCN

ANSA is working collaboratively with the RCN nephrology nursing forum, supporting a series of 8 national workshops entitled 'Renal care across communities'

Other activities

ANSA along with the NKF supports the 't.i.m.e.' education programme.

ANSA is a stakeholder on NICE, and has been invited to support the implementation of NICE CKD guidance.

ANSA has responded jointly with BRS/RA to MHRA guidance.

Newsletter

Belinda Dring welcomed any Newsletter contributions from ANSA members. These should be sent to her at belinda.dring@nuh.nhs.uk

Treasurer's Report

Carol Anderson presented the 2007 Annual Accounts which were accepted by the membership.

ANSA wished to thank their Corporate Members:

Amgen, Ortho-Biotech, Roche Pharmaceuticals Ltd, Shire Pharmaceuticals Ltd, Syner-Med, Vitamine and Sandoz, (who are commencing their support this year).

Vision for the Future

In closing, Cathy reiterated the ANSA vision:

- To act as a forum for healthcare professionals to share best practice and keep abreast of new developments.
- To provide leading edge training and professional development
- To optimize the clinical management of patients by broadening our understanding of chronic disease

RCN Collaboration

Over the last few months, members of ANSA and the Executive Committee have been busy working in collaboration with the RCN. They have been speaking on anaemia management at a number of workshops entitled "Renal Care across the Communities".

The workshops are aimed at healthcare professionals from both primary and secondary care who have an interest in renal disease.

The key themes include:

- Patient safety
- Patients journey
- Accessing data to inform practice

Of the workshops held so far in Cardiff, Birmingham and Sunderland, the attendance has been good with positive feedback. The ANSA exec would like to thank Pat Sirrett and Coral McNicholls-Thomas for their help in presenting at these workshops.

There are three further workshops planned:

Edinburgh 18th September RCN Scotland HQ

London 30th October RCN HQ

Belfast 4th December RCN Northern Ireland

ANSA EC member Susan Pickard had been invited to talk at the RCN congress in Bournemouth as part of the Nephrology Nursing Forum.

Again this event was well attended by a variety of primary and secondary care nurses.

More information can be found at www.rcn.org.uk/events

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If you wish to become more involved in ANSA activities, Write to Us.

ANSA NEWS

Spring/Summer Edition 2008

Welcome to the spring/summer edition of ANSA news

So far this year has been another busy one for ANSA and its members.

The highlight for me has to be seeing both our National Clinical Director and Lord Darzi wearing ANSA lanyards at a House of Commons reception for World Kidney Day.

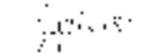
In April the Renal Tsar headed an outstanding collection of speakers at our successful 7th annual conference in Leeds. It was pleasing to read in the evaluations all delegates agreeing that this meeting provides them with valuable information that can positively influence patient care.

Our activities include:

- Supporting the RCN Nephrology Nursing Forum in its series of national workshops entitled 'Renal Care across communities' and our special thanks must go to Pat Sirrett and Coral Mc Nicholls -Thomas
- Having abstracts accepted for presentation at both BRS and EDTNA. We are awaiting notification from ASN.
- Collaborating with Doctors.net.UK for the completion of ANSA Anaemia Academy modules 2 and 3. If you haven't already accessed module 1, I would recommend that you have a go as it is highly informative.
- A new venture for ANSA in partnership with the BRS CKD Forum, is a national project aiming to develop a framework to support IV iron services in the community/other disease areas.

Your feedback from the annual conference has, as always, generated new ideas and the Executive Committee are currently working hard to bring you another fabulous Annual Conference. On April 2nd and 3rd 2009, we will be returning to Eastwood Hall, a venue we know well and one which is always a favourite with our members.

Take care & have a good summer



Cathy Johnson
ANSA President

ANSA Academy Update

Our E-learning resource on anaemia management has been well received with over 1200 doctors and nurses participating in Module 1 since its release. ANSA are currently in the process of writing and developing module 2 which hopefully will be available by the end of the year with Module 3 following soon after. For those that have not yet completed the module it is available via our ANSA website anaemianurse.org. Go on have a go, it is RCN accredited!

Farewell to Past President Alison Roche

It is with sadness we have to say good-bye to Alison as she has made a significant contribution to the development of ANSA during her years with the committee. She has been a wonderful president, widening ANSA's wings even further by leading the successful development of our ANSA Academy e-learning work. Ali, we look forward to seeing you at future ANSA meetings and wish you all the best for the future. Thank you for being a valued member of the ANSA executive committee.

ANSA & BRS CKD Forum Community Iron Project

ANSA are working collaboratively with the CKD Forum (a project group of the British Renal Society) to put together a template and training package for healthcare professionals who are considering developing intravenous iron services in a primary care or a non-renal setting.

The aims of the project are to:

- produce a business case outline for service development
- provide an education and training package for non renal healthcare professionals
- develop competencies linked to the Knowledge and Skills Framework (KSF);
- provide information about the different types of intravenous iron available and guidelines for use
- link with NICE guidance for management of anemia in CKD.

The completed package will be available electronically on the ANSA and BRS websites when completed in autumn 2008.

The project group is led by Karen Jenkins, founder member of ANSA and the CKD Forum, who is working with Lesley Bennett (ANSA), Sharon Benton (ANSA), Laura Corner, CKD nurse specialist from Liverpool and Jane Higginson, Practice nurse from Oldham.



Fiona Loud, Chair of the Kidney Alliance invites Evan Harris, MP, Chair of the All Party Parliamentary Kidney Group, Lord Darzi, Minister for Health, and Donal O'Donoghue, National Director for Kidney Care to submit their wishes for the future of kidney care on World Kidney Day, 13 March, 2008.



Results from a Recent Nurse Prescribing Survey sent to ANSA Members

Sharon Benton, Anaemia Nurse Specialist, Truro, Cornwall

I recently requested replies in response to a survey that I have produced as part of my portfolio for the Non Medical Independent/Supplementary Prescribers' Course (NMIP). Thank you to the ANSA members who responded.

Data retrieved from the survey:

A total of 65 survey requests were sent. 31 survey responses were received though some forms were incomplete. This has limited the data retrieval gained from this survey. Of the 31 replies I received

- **15 individuals do not sign ESA or iron prescriptions** and these individuals have been omitted from the visual data included below.
- **16 staff responded that they do sign ESA and iron scripts.** This included **3 staff who sign iron scripts but not ESA prescriptions.** In relation to these 3 individuals, 2 staff use PGD's and the third individual did not detail the process they use.
- In total **3 staff sign iron scripts and 1 person signs ESA and iron scripts using PGD's.** However the individual who signs both scripts is a Non- Medical Independent Prescriber (NMIP) so the relevance of using a PGD is confusing.
- **13 staff detailed that they sign ESA and iron prescriptions as a Non-Medical Independent Prescriber.**
- The NMIP distribution and the total pay band information gained from this survey is shown below. Of the 31 replies only 16 forms included their band status.

Distribution of NMIP's



PAY BAND INFORMATION

Band (signing prescriptions)	England	Wales	Scotland	Ireland
	Number of individuals			
5 (as a NMIP)	1			
6 (person signs iron scripts but not ESA, did not detail process used to enable this)	1			
6 (using a PGD)	2			
7 (as NMIP's)	6	1		
7 (does not detail process used)		1		
7 (PGD & NMIP combined)	1			
8a (NMIP's)	2			
8b (NMIP)	1			

Conclusion:

As some of the survey replies were incomplete it is difficult to gain a true interpretation from this survey.

- Almost 50% of the replies show that nurses do not supply ESA or iron prescriptions so this survey would indicate that Non-Medical Independent Prescribing for nurses is increasing in numbers.
- Where PGD's are used it is mostly for iron prescriptions.
- I did not specify in the survey request which modality groups the ESA and iron prescriptions were being provided for.
- I would assume from this survey that PGD's are used to supply iron medications for nurse led clinics whereby the same nurse supplies and administers iron medications.
- One individual uses PGD's and is also a Non Medical Independent Prescriber. The use of the PGD would appear irrelevant.
- I did find it surprising that one person is a Non Medical prescriber and is paid at Band 5.

Dates for Your Diary

2008
EDTNA/ERCA - Prague
6th-9th September 2008

Renal Pharmacy Group Conference - Manchester
19th – 20th September 2008

EDTNA UK Seminar- Sheffield
16th-17th November 2008

ASN- Philadelphia
4th-9th November 2008

2009
World Kidney Day
12th March 2009

ANSA Annual Conference - Nottingham
2nd- 3rd April, 2009
Hayley Conference Centre, Eastwood Hall
Mansfield Road, Nottingham, NG16 3SS

BTS/RA Conference - Liverpool
Apr 20th-24th 2009

BRS Conference - ICC Birmingham
1st-3rd June, 2009

Renal Pharmacy Group - Birmingham
13th – 14th November, 2009

ASN, San Diego
October 27th - November 1st, 2009

ANSA

www.anaemianurse.org

ANSA Anaemia Academy

A new venture in self-directed learning

Roche, A; Johnson, C for and on behalf of the ANSA Executive Committee

Background

The increase in early recognition of Chronic Kidney Disease (CKD) along with an increase in the number of patients who require treatment for the associated anaemia (ACKD) has resulted in the need to provide education and training for health care professionals (HCP) in this specialist area.

NICE guidance for ACKD recommends a single healthcare professional point of contact to co-ordinate the anaemia care for these patients¹. With an estimated population prevalence of CKD of approx 8%², new mechanisms for managing these patients are having to be developed across primary and secondary care sectors.

To support this change in practice education programmes need to be provided to support HCP developing this new skill set. However, within the current UK health economy it is becoming increasingly difficult for HCP to attend education programmes held away from the workplace.

Objectives of the programme

- Provide up to date, clinically relevant education about ACKD to support the delivery of high quality care by all healthcare professionals
- Provide clear concise information in an educationally-sound, exciting, user-friendly format to encourage further study, to be presented in a modular format.
- Provide practicable information in a flexible format for members of the multi-professional team with differing levels of experience – facilitating dissemination to a wider audience.
- To support and supplement the NICE Guidance on AMCKD
- Raise the profile of ANSA

Programme design

In collaboration with an established e-education provider who has over 150,000 registered doctors and nurses via 2 web resources .

A three module interactive e-learning programme. Each module uses case studies with questions in a multiple choice format (Picture 1).

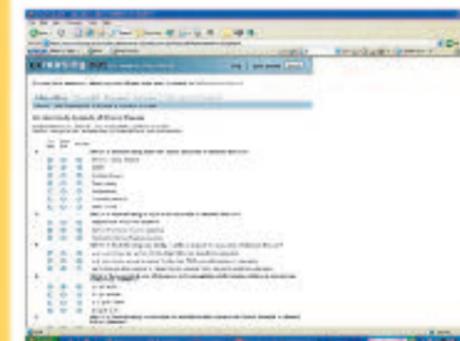
A pre and post-test questionnaire (Picture 2) illustrates learning from the cases undertaken and a threshold of 60% is required to pass the module.

The first module, launched in April 2007, consists of three case studies typical of people presenting with chronic anaemia in the primary care setting.

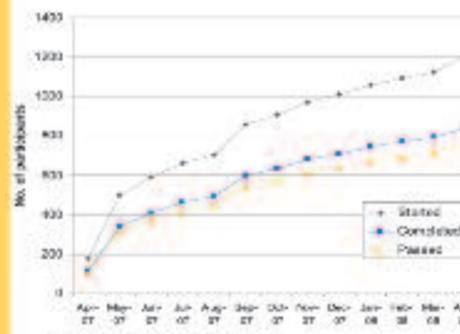
References
1. National Collaborating Group for Chronic Conditions. Anaemia in primary care: a guideline for primary care. National Collaborating Group for Chronic Conditions. London, 2008.
2. De Zeeuw, D, Evans, P, O'Rourke, D et al. Identifying patients with chronic kidney disease from general practice electronic records. Family Practice, 2004, 26(1):24-30.



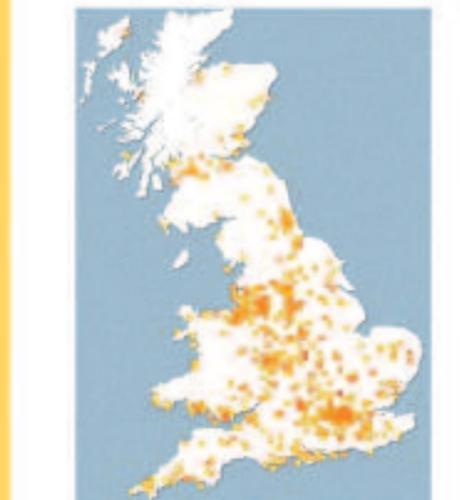
Picture 1. A case based approach with multiple choice questions



Picture 2. Pre and post-test questionnaire



Picture 3. No of HCP accessing module



Picture 4. Geographical distribution of participants. Module 1 has been supported by an accredited education partner (EMSE)

Access

Access to the accredited e-learning programme is currently available to all doctors with a valid GMC registration and to all nurses with a current NMC registration via the www.doctors.net.uk and www.uknursing.net websites.

Other healthcare professionals wishing to undertake the modules can do so via the ANSA website at www.anaemianurse.org

The number of HCP accessing the module is shown in Picture 3.

Professional accreditation

Professional accreditation for completion of the ANSA Anaemia Academy modules has been awarded from

- UKCEA for General Practitioners
- RCN for Nurses

The modules are also aligned to the Knowledge and skills framework (KSF) and specifically to the Health and Well-being (HWB) dimensions 6 and 7 addressing assessment and treatment

User Feedback

Post module feedback	response
Very user friendly	79%
Increased awareness of ACKD	97%
Increased confidence in diagnosis of ACKD	94%
Increased confidence in ordering appropriate investigations	95%
Appreciation of the understanding of the limitation of own role in management of ACKD	87%
Increased confidence to manage ACKD	94%
Increased awareness of treatment options	93%

Relevance to Practice

This novel programme allows health care professionals to access a consistent accredited programme of training within their own environment negating the need to book time away to attend education programmes. The geographical spread of HCP undertaking the module is illustrated in Picture 4.

The programme has crossed the professional boundaries between specialist care and the generalist environment of primary care for all HCP due to its accessibility via a web interface.

Working with a recognised e-education provider ensures consistency of design, level of knowledge and the ability to build a portfolio of continuing professional development to support the management of ACKD across primary and secondary care.