



Developing Intravenous Iron Services in Alternative Settings: A Practical Guide

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As referrals increase to renal services there is a need to be creative in the use of available resources in both primary and secondary care to manage these patients, in particular those who require intravenous iron therapy.

Although some units are engaging with primary care to provide such services there is no national guidance available to assist others.

The need to produce standardised guidance was identified by the CKD Forum and ANSA, who have collaborated to produce a guide for healthcare professionals wishing to set up alternative services for the administration of intravenous iron, to improve access to treatment for patients nearer their homes and in a variety of settings.

The Dept of Health (2007) document¹ 'Implementing care closer to home: convenient quality care for patients' describes how specialist services can be transferred to a community setting with appropriate training, skills and competencies. The administration of intravenous iron is such a service and the guide that has been produced by the CKD Forum and ANSA supports this.

The content of the guide includes:

- An overview of anaemia in CKD
- Causes and treatment of iron deficiency anaemia
- Treatment algorithm adapted from NICE² guidance for the use of intravenous iron
- Examples of models of care /service development in different areas of the UK (Liverpool, Cornwall, Nottingham, Kent)
- Competencies for nurses for the administration of intravenous iron based on the knowledge and skills framework
- Links to online resources for further education and support.

This gives a comprehensive overview of :

- Rationale
- Process
- Resources
- Education and training needs

All of which are required to develop an enhanced intravenous iron service designed to be responsive to local needs.

In the long term a more strategic, community focused approach to commissioning and delivery of specialist services such as administration of intravenous iron is required to meet the changing needs of the population.

The guide is downloadable from both BRS and ANSA websites: www.britishrenal.org www.anaemianurse.org

A guide to the administration of intravenous iron for people with anaemia of chronic kidney disease (CKD) in a non acute hospital setting.



References

1. Implementing care closer to home: Convenient quality care for patients 2008 http://www.dh.gov.uk/en/Healthcare/Primarycare/Practitionerswithspecialinterests/DH_074419
2. National Collaborating Centre for Chronic Conditions. Anaemia Management in chronic kidney disease: National clinical guideline for management of adults and children. Royal College of Physicians 2006

ANSA NEWS

Summer Edition 2009

Dear All,

I hope this finds you well. Yet again this past year has been a busy one for ANSA. A highlight for me was looking out at delegates at our fantastic Annual Conference and seeing our longstanding ANSA members alongside many new faces who are joining us.

Your feedback has, as always, generated new ideas and the ANSA Executive are already working hard for the Leeds conference in 2010. As my time as ANSA president draws to an end, I am delighted that Belinda Dring from Nottingham will be taking over. A longstanding ANSA member she will continue to work tirelessly for ANSA and its members. I know she will be well supported by Kate Taylor as Treasurer, the entire ANSA Executive Committee, our supporters and you, our members.

I look forward to seeing you all in Leeds on the 18th and 19th March , 2010.

Take care,

Cathy Johnson
ANSA President

Haematology & the Patient with Chronic Kidney Disease An Introductory Guide

ANSA have been working together with EDTNA/ERCA this year to produce a new book. The rationale behind this book is that whilst healthcare professionals working within the field of Nephrology are used to seeing anaemia in their patient population due to a deficiency of ESA, people with CKD are not immune from having other haematological co-morbid conditions. As such, patients may need to have not only the resulting anaemia appropriately managed but require extra care management programmes to be incorporated into their treatment plans.

The book will consist of 8 chapters that include Myeloma, Lymphoma and Sickle Cell to name but a few. The book will be launched at the EDTNA/ERCA annual conference in Hamburg this year and copies will be available for all ANSA members.

ANSA & EDTNA/ERCA would like to thank both Roche Pharmaceuticals and Syner-Med Ltd for their educational support in publishing a much needed guide for all of us involved in anaemia management.

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Write to Us.



Caring together



Haematology & the Patient with Chronic Kidney Disease

An Introductory Guide

Editors
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8th ANSA ANNUAL CONFERENCE Hayley Conference Centre, Nottingham, 2nd - 3rd April 2009

Once again the ANSA conference received very positive feedback from delegates. We were very lucky and honoured to be able to hear presentations from “The Dream Team”, experts in the renal and anaemia management field.

On Thursday the conference got underway with a workshop designed to introduce the e-learning module, following which workshops sponsored by Syner- Med and Fresenius Medical Care were held on developments in I.V iron use.

On Thursday evening after the dinner, Dr Iain Macdougall was presented with a lifetime membership to ANSA in recognition of all the support he has given the association over the years. A Tommy Cooper impressionist provided entertainment and also some of the delegates were treated to having their picture drawn by an artist.

Friday started with Consultant Nephrologist Donal Redden discussing - **The treatment of anaemia and chronic kidney disease – beneficial or harmful?**

Following this, Charlie Tomson, Chair of the UK Renal Registry and President of the Renal Association, presented - **Relative risk of death.**

The third speaker of the Morning was Peter McClelland, Consultant Nephrologist who looked at - **A normal haemoglobin in CKD.**

We were then able to listen to Professor Nicole Casadevall, a leading authority in PRCA who discussed – **PRCA the patient's journey.**

The morning ended with Iain Macdougall introducing – **Hematide, a novel ESA in the wings – what's different about this one?**

The conference finished in the afternoon with delegates choosing one of two workshops on medicines management.

Details of all these presentations can be found on the ANSA website.

The ANSA executive were delighted that such eminent speakers had agreed to present at the conference and are already working hard on next year's conference to be held on the 17th & 18th March 2010, at the Hilton Hotel, Leeds.

As ANSA is now entering it's tenth year since inception our forthcoming Annual Conference will be the 9th one! It is aptly named **“Anaemia – An Age-Old Problem”** and will be held at The Hilton Hotel, Leeds and is definitely one to be marked on your calendars!

Our previous highly successful conferences were as follows:-

ANSA 8th Annual Conference - “The Highs and Lows of Anaemia Management”

Held on Thursday 2nd - Friday 3rd April 2009 at The Hayley Conference Centre, Eastwood Hall, Mansfield Road, Nottingham.

ANSA 7th Annual Conference - “Anaemia Management – a World Class Service”

Held on Thursday 24th – Friday 25th April 2008 at The Queens Hotel, Leeds LS1 1PJ

ANSA 6th Annual Conference – “Evidence for Practice”

Held on Thursday 19th – Friday 20th April, 2007 at the Hayley Conference Centre, Eastwood Hall, Mansfield Road, Nottingham.

ANSA 5th Annual Conference - “Broadening the Horizon of Anaemia Management.”

Held at The Hayley Conference Centre Swindon on 8th - 9th June 2006

ANSA 4th Annual Conference – “Putting Patients First - Relating Theory to Practice”

Held at The Hayley Conference Centre, Nottingham

Thursday 21st April – Friday 22nd April 2005

ANSA 3rd Annual Conference – “Innovations in Practice”

Held at The Hayley Conference Centre, Eastwood Hall, Mansfield Road, Nottingham on Thurs 22 – Friday 23rd April 2004

ANSA 2nd Annual Conference – “Anaemia in Heart Failure and Diabetes”

Held on Thursday 10th – Friday 11th April, 2003 at the Hayley Conference Centre, Eastwood Hall, Mansfield Road, Nottingham

ANSA 1st Annual Conference -”Preparing for the future – Strategy Planning for Professionals”

Held in Leeds in April, 2002

10th Anniversary of the inception of ANSA- surprise recognition of support!!

ANSA celebrated their 10th Anniversary of inception at the 8th Annual Conference held on 2nd & 3rd of April at Hayley Conference Centre, Eastwood. Following an inaugural meeting of 40 Anaemia Nurse Specialists in Stratford-upon-Avon, inception of an association to address the professional issues related to nurse specialist posts and enable networking and peer support, ANSA became a reality.

As first ever president, Lesley Bennett from Oxford Radcliffe NHS Trust, with the support of Karen Jenkins from East Kent Hospitals University NHS Trust and Marie Chowrimootoo from St.George's Hospital set about eliciting (or should we say soliciting!) the support of key figures in the world of renal anaemia. It goes without saying that Lesley's first letter was therefore to Dr. Iain Macdougall.

No-one ever imagined that the association would grow and evolve as it has, with currently over 200 members. The vision and indeed success of the association would never have been realised without the support of many of our medical colleagues and in particular Iain, who has never faltered in his support for ANSA, not only as a key speaker but also as a key ally in persuading other renowned speakers to engage in ANSA meetings.

A befitting interlude to the evening' entertainment provided the ideal opportunity for the 3 founder members to offer a token gesture of the association's appreciation. Iain was bestowed with the first ever lifelong ANSA membership and a beautiful silver photograph frame. Despite the shock and completely unassuming acceptance of recognition for his support, Iain responded with a superb 'off the cuff' acceptance speech, always the true professional and perfect role model!!

Here's to the next 10 years.....

A guide to the administration of intravenous iron for people with anaemia of chronic kidney disease (CKD) in a non acute hospital setting

This guide was developed by members of the Anaemia Nurse Specialist Association (ANSA) and the Chronic Kidney Disease Forum, a project group of the British Renal Society (BRS). It was launched at the annual ANSA conference in Nottingham in April this year and presented as a poster at the BRS conference in June.

It has been designed to assist healthcare professionals who wish to set up services for the administration of intravenous iron for people with anaemia of chronic kidney disease (CKD) in a non acute hospital setting. It is of particular use to service providers, specialist and local commissioners, General Practitioners, and community nurses.

The guide has been well received in both primary and secondary care and pilots are being set up around the country based on the guidance.

A copy can be downloaded from the ANSA website www.anaemianurse.org or a hard copy obtained from the ANSA Secretariat.

Karen Jenkins

World Kidney Day 2009

World Kidney Day took place on the 12th March this year; its aim is to raise awareness of kidney disease world wide. Coordinated by the Kidney Alliance Belinda and I, as representatives of ANSA, were invited to join their celebrations and what a fabulous day it was. We took part in a walk across Westminster Bridge, much to the amusement of passing tourists, and a reception at Westminster Palace. The highlight of the day was the launch of the Kidney Care Plan by Dr O'Donoghue who said "The Kidney Care Plan allows time for patients to ask questions about aspects of their disease, and how it affects their daily life that really concern them." Aiming to empower patients to manage their own condition, helping also to deliver the improved care standards set out in the Renal NSF, it will be coming to a unit near you soon.

World Kidney Day 2010 is on the 11th March, for more information on how you can get involved go to www.worldkidneyday.org.

Planned ESA Survey

Clinical practice varies from centre to centre and ANSA is able to provide a focal point to encourage and facilitate in exchanges of information and opinion. At ANSA we are very interested in learning about ESA administration trends across the UK and to share this data with our members. We are in the process of finalising details for an ESA survey which we hope to send out to our members in the near future. It is intended that the survey will include such questions as:

- Who prescribes your centre's ESA?
- Who supplies the ESA drug?
- Who administers the ESA drug?

Options for answers will be available with the use of 'drop down' bars to make completing the survey quick and easy. We want to promote this survey as ANSA data and will publish and share our gathered data via the website and other resources. We hope to send an email in the very near future to inform ANSA members that the survey is ready to be filled in and it is likely the Excel document will be located on the ANSA website.

Letter from the Editor

Hello all ANSA members. ANSA want to know what you want from us and what you have been doing in practice. If you have any suggested changes for the newsletter or if you have anything you would like to see in the news letter please let us know. We would like to see the news letter as another learning resource for our members and invite you to contribute. Do you want to write an abstract / small article like those in this and previous issues? Do you have a poster you have previously presented and would like us to put on the news letter? However large all small, get in touch.

Hope to hear from you soon;

Belinda

Anaemia Academy 'module 2 launched'

As promised Module 2 of ANSA's anaemia academy is now available. It was launched at our annual conference in April and we've already had over 100 Doctors who have progressed onto the module. This module methodically follows the first one with its emphasis on the management of anaemia in Chronic Kidney Disease. It has some interesting case studies to follow and can be used towards your professional development as a certificate can be printed when the module is completed. It can be easily accessed at either our ANSA website at anaemianurse.org / nurses.net.uk or doctors.net.uk. Go on have a go.

Dates for Your Diary

Saturday 5th – Tuesday 8th September 2009
EDTNA/ERCA Annual Conference, Hamburg

Monday 19th October 2009
Deadline for BRS Research Grant Applications

Tuesday 27th October 2009 – Sunday 1st November 2009
ASN Annual Conference, San Diego

Friday 13th – Saturday 14th November 2009
Renal Pharmacy Group 25th Anniversary Conference, Birmingham

Wednesday 18th November 2009
State Opening of Parliament 2010

Monday 11th January 2010
Deadline for submission of Abstracts for the BRS/RA Conference, Manchester

Thursday 11th March 2010
World Kidney Day

**Thursday 18th - 19th March 2010
ANSA Annual Conference, Leeds**

Monday 17th – Thursday 20th May 2010
BRS/RA Conference, Manchester