

ANSA NEWS

Winter Edition 2012/13

Dear All,

Welcome to the Autumn/Winter edition of our ANSA newsletter. It has been another busy year for ANSA. We have recently updated the Anaemia Academy E-Learning modules and these are about to be re-launched on the Nursing Times website. The ANSA website has also had an impressive redesign and now has a great deal more to offer our members. The website includes an interactive map so that you can easily identify and find your ANSA peers across the UK, Ireland and over seas. You can read more about the new ANSA website in this newsletter.

November 9th saw ANSA hosting a master class on iron deficient anaemia in differing modality groups. This master class was generously sponsored by Takeda UK Ltd and saw guest speakers from various specialities talking about causes of and treating iron deficiency. These slides have been added to the website and the ANSA Executive Committee is keen to expand our e-learning to include these topics.



Sharon Benton

As ANSA members are the key healthcare professionals caring for people with anaemia, we encourage you to share your experiences with a wider audience. Consider sharing best practice, what works for you and changes to practice which have led to better patient outcomes by attending the 2013 BRS Conference which will be held in Manchester 14-16th May.

Last but by no means least, planning is already under way for our annual conference this year. ANSA will once again be hosting a one day conference. We appreciate that study leave is often difficult and funding to attend a conference over more than one day is frequently tricky. The ANSA Conference for 2013 will be held at the Arden Hotel, Birmingham on Friday, April 19th. The Arden Hotel has excellent travel links with both Birmingham International Airport and train station, both a mere 10 minutes away. Best wishes to you all,

Sharon Benton
ANSA President

ANSA Website: <http://www.anaemianurse.org>

LAUNCH OF THE NEW IMPROVED ANSA WEBSITE: IMMINENT

ANSA is pleased to introduce its new look, accompanied by the launch of our brand new website. As well as the usual features, we now also offer a new discussion forum, a product information page and online registration and renewal. We wanted the site to have a bright and friendly feel and have tried to make the website user friendly and interesting. ANSA is committed to improving the patient experience by supporting its membership through education, debate and advancing the provision of anaemia services and the sharing of good practice. The ANSA website aims to provide clinical and professional support to those working in this speciality.

ANSA members will have access to ANSA conference and Masterclass slides. This section also includes links to guidance documents such as NICE and KDIGO and protocols for anaemia management. There is a section for meeting the ANSA Executive Committee with details about each member including a short biography.

We are very excited about the launch of an e-learning section which will include managing iron deficiency a subject that is becoming increasingly important as our population becomes more complex to manage.

We hope that the new website will be beneficial to its members, helping you to keep abreast of all the latest meetings and developments in anaemia management, all in one place.



Masterclass - November 9th

The ANSA Masterclass “Treating iron deficiency in differing modality groups” sponsored by Takeda UK Ltd took place on Friday, 9th of November at the Arden Hotel Birmingham. The day was well attended with all participants enjoying the venue, content and the opportunity to establish and renew many networking opportunities. Delegates included participants from as far afield as Jersey, Inverness and Northern Ireland.

Sharon Benton, ANSA President, opened the day with a flavour of the topics to be covered;

Mr Morsy, transplant & vascular surgeon from St George’s Hospital London started with an interesting and informative session on administering IV iron and the best route to use. He summarised by saying, know your patient, know your anatomy and ensure local guidelines reflect good practice and preservation of veins for vascular access.

Dr Kathryn Griffiths a GP in primary care reminded the delegates that good history taking is imperative and that anaemia is a symptom not a diagnosis. She light-heartedly demonstrated the difficulty patients have unpicking the health benefits of food with a quick quiz that proved even ANSA members get it wrong sometimes!

The Consultants who presented on Diabetes, Cardiology and Gastroenterology brought a whole new dimension to the day and a broader understanding of anaemia in chronic diseases. In particular, Dr Stephen Thomas’s (Consultant in Diabetes and Endocrinology) comments on the role of the diabetic control measurement HbA1c in relation to iron status proved to be very enlightening.

The overview provided by ANSA executive member Sue Perrin on renal anaemia and IDA showed the importance of treating anaemia and the challenges we face daily as practitioners. Iain Wittwer’s insight into pregnancy and treatment was a reminder of how necessary iron is for normal progression of pregnancy and a healthy baby.

The clinical aspects were balanced by a comprehensive insight into commissioning services by health economist Marion Kerr.

Professor Iain Macdougall from Kings College Hospital brought the day together by reminding us “what we know” and “what we don’t know” about Iron.

Feedback from delegates on the day includes the following statements;

“Interesting to see how other areas of medicine are approaching a common problem – Gastro & CHF particularly”

“Gained understanding on how important it is to treat IDA to improve QoL”

“Made me rethink my practice with regards to accessing & protecting veins“

“I really enjoyed the day, and learnt a lot which I have already begun doing within my day to day practice

“ANSA always organise a very good event”

Most of the slides from the presentations are available on the website. Our website is undergoing a redesign, though the web address remains unchanged as **www.anaemianurse.org**



ANSA session, BRS Annual Conference, 2013

Following a successful and well attended ANSA badged session at BRS in 2012; ANSA will again be providing a session at BRS conference on Thursday, 16th May, 2013. The theme for the BRS conference next year is 'Improving Patient Experience' and the ANSA session is called 'Anaemia Management: care closer to home'.

Sharon Benton
ANSA President

E Learning Update

ANSA is pleased to announce the updating of our two anaemia modules is now very near completion. Module One, Anaemia of Chronic Disease will be relaunched early in 2013. Module Two, Management of Anaemia in Chronic Kidney Disease, will follow shortly after.

Module One, Anaemia of Chronic Disease gives the learner an insight into what anaemia is, the prevalence, guidance on how to diagnose, and how to distinguish between possible causes of anaemia, and then treatment choices.

Module Two, Management of Anaemia in Chronic Kidney Disease gives an overview of the above, but then focuses down onto managing anaemia of chronic kidney disease as recommended by the most recent guidance published by NICE in 2012.

The modules will be able to be accessed via ANSAs website **www.anaemianurse.org**, or Nursing Times website **www.nursingtimes.net**.

ANSA is committed to providing a comprehensive education package to assist our members in practice. Now that our two existing modules are updated, we are planning to provide further modules, the next focusing on iron deficiency anaemia. If you have an idea about modules that would be useful for you in practice, please drop us a line, so we are aware on which areas we need to concentrate on.

Useful Reading

Interesting website - **www.irontherapy.org**

Articles

Ibrahim HN , Skeans MA , Li Q , Ishani A , Snyder JJ . **Blood transfusions in kidney transplant candidates are common and associated with adverse outcomes.** *Clin Transplant* . 2011;25(4):653–659

Vansteenkiste J, Glaspy J, Henry D, **Benefits and risks of using erythropoiesis-stimulating agents (ESAs) in lung cancer patients: Study-level and patient-level meta-analyses.** *Lung Cancer*. 2012 Jan 23.

Rostoker G, Griuncelli M, Loridon C et al, **Hemodialysis-associated Hemosiderosis in the Era of Erythropoiesis-stimulating Agents: A MRI Study.** *Am J Med*. 2012 Oct;125(10):991-999

ANSA Conference Friday, April 19, 2013

The Arden Hotel, Coventry Road, Bickenhill, Solihull B92 0EH

THE DILEMMA OF TREATING ANAEMIA

Draft Programme

- 09.30 – 10.00 Registration and coffee
10.00 – 10.05 Welcome and overview
10.05 – 12.00 Guidance update: KDIGO/NICE – Understanding the Guidelines to enhance your Practice.

Panel presentation & discussion

The following Guest Speakers have agreed to speak at the Conference:

- Professor Sunil Bhandari, Consultant Nephrologist/Honorary Clinical Professor at Hull & East Yorkshire Hospitals NHS Trust
- Professor Iain C Macdougall, Professor of Clinical Nephrology, King's College Hospital NHS Foundation Trust, London
- Dr Donal O'Donoghue, National Clinical Director for Kidney Care
- Jonathon Watson, A patient's perspective

12.00 – 12.30 AGM

12.30 – 14.00 Lunch and Exhibition

14.00 – 14.40 ***“No decision about me without me”***

Mr. Richard Griffith, Lecturer in Medicines and the Law, Swansea University

14.40 – 15.00 Audience Discussion

15.00 – 15.45 Divide into 3 groups for Workshops** - Coffee & tea available in the workshops

15.45 – 16.30 Groups change to their 2nd workshop

Learning outcomes for anaemia management workshops

After attending the workshops you will be more confident in:

- Determining which tests are most useful for diagnosing anaemia
- Diagnosing anaemia
- Determining the most likely cause of anaemia by analysing test results
- Recommending treatment options for anaemia
- Understanding NICE guidance for anaemia management in patients with chronic kidney disease.
- Understanding the flexibility of guidance (i.e. understanding when guidance is not applicable)

16.30 – 16.45 Feedback from the workshops

16.45 – 16.55 Conference close and awards

More details will be posted on the ANSA Web site shortly

Dates for Your Diary in 2013

Thursday 14th March
World Kidney Day

Friday 19th April
ANSA Conference – Arden Hotel, Birmingham

Tuesday 14th – Thursday 16th May
BRS Conference, Manchester Central

Friday 31st May – Tuesday 4th June
ISN World Congress of Nephrology – Hong Kong

31st Aug–3rd September
EDTNA/ERCA International Conference – Malmo, Sweden

Friday 27th – Saturday 28th September
Renal Pharmacy Group Conference
Arden Hotel, Birmingham

Tuesday 5th – Sunday 10th November
ASN Kidney Week – Atlanta, Georgia, USA

If you wish to become more involved in ANSA activities, Write to Us
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