

Dear Members

Welcome to the autumn edition of the newsletter. ANSA has had another busy and productive year. You may have noticed that in April this year we launched our updated website. Work has been underway to set up PayPal on the website as well as regular bank transfer and cheque payments to make membership renewal as convenient as possible. The website hosts a plethora of resources and materials and is constantly being updated. You can log onto the website at [www.anaemianurse.org](http://www.anaemianurse.org).

ANSA has been invited by Kidney Research UK to be involved with the PIVOTAL study. You can read more about the study in this newsletter. We will be looking for volunteers from our membership to participate with media publication of this data when the study is completed. We'll keep you posted about this and other developments about the study in the future.

Work is already underway for our annual conference in 2014. We asked if you wanted ANSA conference to combine with UK Kidney Week 2014 in Glasgow next year and the majority of our members rejected this invitation. We are therefore hosting our conference in London again next year as this appears to be the best geographically placed centre. The conference will be on April 4th at the Cavendish Conference Centre. We refer to feedback from previous conferences in order to deliver conference content that is relevant and tailored to meet our members' needs. I will be stepping down as President at this conference and Vicki Hipkiss from Bradford will be taking up the reins. I have every confidence that Vicki will continue to successfully lead, grow and develop the Association.

I wish you all season's greeting and a happy new year.

**Sharon Benton**  
ANSA President



Sharon Benton

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## CKD Updates

### ❖ Royal College of General Practitioners Appoints Clinical Champion for Kidney Care

Dr Kathryn Griffith a GP from York, who has presented at ANSA conferences, has been appointed as RCGP Clinical Champion for Kidney Care.

In her role Kathryn will be able to increase the awareness of CKD in primary care and improve care in practice. Her key objectives are to achieve:

- Better diagnosis through better identification of CKD
- Better care for people with CKD
- Better information for patients and health care professionals

Kathryn has contributed to both KDIGO and NICE guidance for Kidney Disease. She is also a member of the BRS CKD Strategy Group and has been an active participant in BRS meetings.

### Oxford Handbook of Renal Nursing

*Editors: Mahon A, Jenkins K, Burnapp L (2013) Oxford University press, Oxford, UK ISBN: 978-0-960053-3 cost £24.99 (£19.99 with ANSA discount)*

Written by educators and renal nurses with extensive experience of clinical practice, The Oxford Handbook of Renal Nursing is a concise, current evidenced based guide to the caring for people with kidney disease. The handbook provides detailed coverage of the whole renal spectrum, from pathophysiology, hypertension, nutrition, renal pharmacology, complications of kidney disease, cardiovascular risk, Stages of Kidney disease, Acute Kidney Injury to explanations of treatment options through to end of life care. The appendices have an easy to understand fluids and electrolyte section and the clinical assessment chapter, with up to date information on investigations explained clearly and concisely enables any nurse to assess, make a presumptive diagnosis, initiate appropriate tests and plan further care.

The editors are three of the most experienced renal nurses both nationally and internationally and have drawn upon the expertise of other leading experts in kidney care to produce this indispensable guide for clinical practice which can be used by the multi-professional team.

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## Special Discount for ANSA members

Oxford University Press is pleased to offer members of Anaemia Nurse Specialist Association an exclusive 20% discount on all nursing titles when ordering online. [www.oup.com/uk/sale/ansa13](http://www.oup.com/uk/sale/ansa13)

### How to order:

Please use the navigation bar on the left to find the titles you want, or select from the featured titles below. Your final discounted price for each item will show up in your shopping basket after you have clicked on the 'add to basket' button on each individual product page but if no discount is applied please enter ANSA13 into the Promotional Code box.

## Renal Nursing, Fourth Edition

Editor: Dr Nicola Thomas 2013 Wiley ISBN 978-1-118-41064-6 £39.99

*Renal Nursing* includes key information on renal care in infancy, childhood and early adolescence. It is an ideal reference text for nurses undertaking post registration renal courses, student nurses undertaking a placement on a renal ward, specialist renal dietitians, pharmacists and other allied health professionals. It begins with basics and covers all other vital material required by anyone working in renal care. The content is up to date and reflects changes in policy, evidence, care and management, with a new chapter on patient involvement in kidney care.

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## Optimal Treatment of Renal Anaemia (OPTA) Initiative

ANSA in collaboration with Janssen have updated the OPTA programme which supports physicians and nurses to improve anaemia management of Chronic Kidney Disease.

OPTA aims to transfer standards of care into daily practice, optimising, efficacy and efficiency of available anaemia treatments.

A series of six educational slide presentations and accompanying booklets are available to ANSA members.

- ❖ OPTA Erythropoiesis and physiology of anaemia
- ❖ OPTA Improving efficacy and efficiency of renal anaemia therapy in haemodialysis and peritoneal dialysis patients
- ❖ OPTA Therapy with iron and erythropoiesis stimulating agents
- ❖ OPTA Influence of inflammation/infection on renal anaemia
- ❖ OPTA Anaemia in patients with chronic kidney disease
- ❖ OPTA Anaemia in Transplant patients

The programme can be used to educate staff in the workplace using the 'train the trainer' approach. The ANSA executive committee and Janssen personnel are able to deliver the programme and we will be running a workshop at the annual conference. To help us organise future train the trainer sessions we would be grateful if you could complete a short on-line survey <https://www.surveymonkey.com/s/MMKYBWB>

To view an outline of the OPTA programme go to <http://www.anaemianurse.org/resources/>

## Karen Jenkins

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### 2013 - 2014 Diary dates

Friday 13th December 2013

**BRS Abstract Submission deadline**

Thursday 13th March

**World Kidney Day**

**Friday 4th April**

**ANSA Conference – Cavendish Conference Centre,  
22 Duchess Mews, London W1G 9DT**

Tuesday 29th April – Friday 2nd May

**UK Kidney Week 2014, SECC Glasgow** (jointly hosted by The British Renal Society and the Renal Association in co-operation with The Scottish Renal Association)

Saturday 6th – Tuesday, 9th September

**EDTNA/ERCA International Conference – Riga, Latvia**

Friday 26th – Saturday 27th September

**Renal Pharmacy Group Conference  
Manchester Conference Centre, Manchester**

Tuesday 11th – Sunday 16th November

**ASN Kidney Week – Philadelphia, PA, USA**

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## E learning

In addition to our two first modules- Introduction to Anaemia of Chronic Disease and Management of Anaemia in Chronic Kidney Disease, a third module- Iron and iron deficiency (anaemia) is proposed and we are currently investigating hosting this on the website.

This module will begin with a back to basics approach to iron management and then will focus on iron deficiency in chronic kidney disease, gastroenterology, heart failure and pregnancy detailing treatment options. More news will follow as the module build progresses.

Access to the modules will be possible by either ANSA's own website [www.anaemianurse.org](http://www.anaemianurse.org), or via Nursing Times website [www.nursingtimes.net](http://www.nursingtimes.net).

To demonstrate ANSA's commitment to continuing to provide education for healthcare professionals involved in anaemia management, we are subsidising fees for both modules.

**Vicki Hipkiss**

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## News

### ❖ FIND-CKD study demonstrates that Ferinject® reduces need for alternative anaemia treatment

The FIND-CKD study was designed to investigate the optimal route of administration and dosing strategy for iron therapy in patients with non-dialysis-dependent chronic kidney disease (ND-CKD) suffering from iron deficiency anaemia. Ferinject® (ferric carboxymaltose) was compared to oral iron treatment. The study met its primary endpoint, thereby demonstrating that Ferinject® reduces the need for other anaemia management (e.g. erythropoiesis-stimulating agents (ESAs) or blood transfusion) in this patient population.

*Vifor Pharma Media Information July 2013*

### ❖ PIVOTAL

PIVOTAL is a new, four year clinical trial facilitated and funded by Kidney Research UK, looking at intravenous (IV) iron in new-starter haemodialysis patients (<12 months on dialysis) to determine the optimum strategy for the safe and effective use of IV iron.

As a member of ANSA, you will be aware that intravenous iron has been routinely administered to haemodialysis patients for more than 20 years, however, the safe and effective amount that should be given is not known and renal units across the UK vary in how much they give their patients.

By investigating two different regimens for administering intravenous iron – (1) a “proactive” high-dose regimen, and (2) a “reactive” low-dose regimen, the PIVOTAL study, involving over 2,000 patients across more than 40 renal units in the UK, will provide informative data that will help address the clinical equipoise regarding the possible benefits or harm of using more liberal amounts of intravenous iron in these patients.

The Chief Investigator (CI), Professor Iain Macdougall and Clinical Trial Manager, Claire White, are both based at King's College Hospital, London. The Clinical Trials Units involved are the Robertson Centre for Biostatistics & Glasgow Clinical Trials Unit at the University of Glasgow.

The study is being supported through an unrestricted grant from Vifor Fresenius Medical Care Renal Pharma Ltd.

ANSA is a member of the Advisory and Dissemination Board (ADB) helping to oversee the study and is represented by Paul Wilson (Kent) and Vicki Hipkiss (Bradford).

Many of you will be directly involved with the study over the next four years but we hope to provide you with regular updates through this newsletter and are also working with Kidney Research UK and the research team to include key presentations at both national and regional ANSA events.

For further information, please contact Claire White, PIVOTAL Clinical Trial Manager on [clairewhite4@nhs.net](mailto:clairewhite4@nhs.net).

### ❖ Monofer SPC change

Monofer has now changed its SPC to indicate that intravenous Bolus Injection dose has been increased to up to 500 mg at 50 mg/min up to 3 times weekly. And intravenous Drip Infusion time has reduced- for doses ≤ 1000 mg may now be infused over 30 minutes - higher doses still require 60 minutes infusion time.

### ❖ Intravenous iron

There have been some recent changes in the recommendations regarding intravenous iron. The MHRA has issued a statement that can be accessed on the link below. Please familiarise yourselves with this.

<http://www.mhra.gov.uk/Safetyinformation/DrugSafetyUpdate/CON300398>

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## Sharing Best practice

A local regional meeting took place in Birmingham on 14th October 2013. The meeting was chaired by Marie Chowrimootoo, Lead Nurse, renal anaemia UHB/QE and was jointly sponsored by Amgen & Fresenius Medical Care. It was a very interactive half day and delegates had the opportunity to discuss topical issues and share best practice.

Vicki Hipkiss, President elect of ANSA was an invited speaker and gave a talk on "The role of ANSA in promoting evidence based practice in renal anaemia and sharing best care provision". This was very well received and delegates were encouraged to complete the e-learning anaemia modules.



*Vicki Hipkiss, Renal Nurse Specialist, Bradford Teaching Hospitals NHS Foundation Trust & ANSA President-Elect*



*Marie Chowrimootoo, Lead Nurse Renal Anaemia at the Birmingham Regional meeting*

Delegates gave very good feedback on being given the opportunity and platform to discuss and share best practice. They are indeed looking forward to the next regional meeting in Birmingham, provisionally booked for March 2014 and indeed the ANSA conference in April 2014.

A big thank you to Vicki and ANSA for supporting this local meeting. It would be good to hear about other meetings taking place. Is this something that ANSA members would like to see happening in their regions? Please let us know your views via the Secretariat.

**Marie Chowrimootoo**  
ANSA founder /executive member.

## Recent Articles

Hipkiss V, S Benton, K Jenkins; Identifying and Treating Anaemia Effectively  
**Nursing times** 25.09.13; Vol109 No 38; [www.nursingtimes.net](http://www.nursingtimes.net)

Wittwer I; Iron deficiency anaemia in chronic kidney disease: The First paper (expert level) in a series for EDTNA/ERCA members e-library. **Journal of Renal Care** Volume 39; issue3; 182-187; Sept 2013

Claes J, J Ellis, F Rettie, B, Butcher, J Bradley: Are c-reactive protein nad ferritin levels being overlooked in indigenous Australians with Chronic Kidney Disease? **Journal of Renal Care** Volume 39; issue3;176-181; Sept 2013

Jenkins K: Treating Iron Deficiency Anaemia in patients with Chronic Kidney Disease **Journal of Renal Nursing**, Vol. 5, Iss. 4, 24 Jul 2013, pp 170 – 177

Jenkins K; Iron Deficiency Anaemia: Its impact in Chronic Kidney Disease **Journal of Renal Nursing** 5(3) : 122 - 127 (May 2013)

Benton S; V Hipkiss: Noticeboard: Write up of ANSA conference **Journal of Renal Nursing**, Vol. 5, Iss. 3, 21 May 2013, 162

Bennett L; Patient Independence in Chronic Kidney Disease and anaemia; **Journal of Renal Care** Volume 39; issue 2; 108-117; Sept 2013

**If you wish to become more involved in ANSA activities,  
Write to Us**

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